

Retrieval Strategy

Pubmed

- #1 baduanjin [ALL]
- #2 baduanjin exercise [ALL]
- #3 traditional chinese exercise [ALL]
- #4 #1OR #2 OR #3
- #5 cardiopulmonary function [ALL]
- #6 muscle [ALL]
- #7 joints [ALL]
- #8 balance [ALL]
- #9 flexibility [ALL]
- #10 #5 OR #6 OR #7 OR #8 OR#9
- #11 control [ALL]
- #12 controlled trial [ALL]
- #13 comparison [ALL]
- #14 #11 OR #12 OR #13
- #15 #4 AND #10 AND #14

SCI

- #1 TS: (baduanjin)
- #2 TS:(baduanjin exercise)
- #3 TS:(traditional chinese exercise)
- #4 #1 OR #2 OR #3
- #5 TS:cardiopulmonary
- #6 TS:muscle
- #7 TS:joints
- #8 TS:balance
- #9 TS:flexibility

#10 #5 OR #6 OR #7 OR #8 OR #9

#11 TS:control

#12 TS:controlled trial

#13 TS:comparison

#14 #11 OR #12 OR #13

#15 #4 AND #10 AND #14

EMBASE

#1'baduanjin'/exp/mj

#2'baduanjin exercise'/exp/mj

#3'traditional chinese exercise'

#4 #1 OR #2 OR #3

#5'cardiopulmonary function'/exp/mj

#6'muscle'/exp/mj

#7'joints'/exp/mj

#8'balance'/exp/mj

#9 'fiexibility'/exp/mj

#10 #5 OR #6 OR #7 OR #8 OR #9

#11'control'/exp/mj

#12'controlled trial'/exp/mj

#13'comparison'/exp/mj

#14 #11 OR #12 OR #13

#15 #4 AND #10 AND #14

Cochrane

#1 baduanjin

#2 baduanjin exercise

#3 traditional chinese exercise

#4 #1 OR #2 OR #3

#5 cardiopulmonary function

#6 muscle

#7 joints

#8 balance

#9 flexibility

#10 #5 OR #6 OR #7 OR #8 OR #9

#11 control

#12 controlled trial

#13 comparison

#14 #11 OR #12 OR #13

#15 #4 AND #10 AND #14

Supplementary Figures

Forest Plots for Meta-analysis (experimental: Baduanjin exercise training)

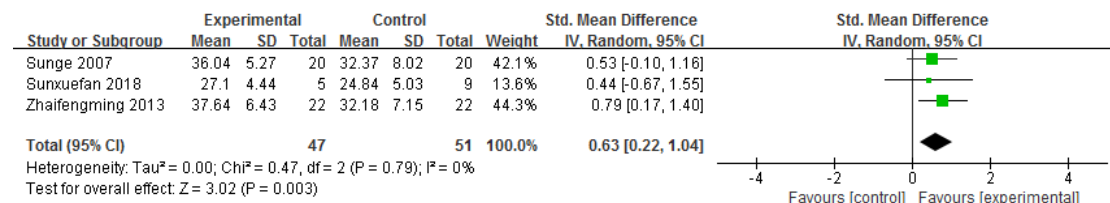


Figure S1: Grip strength

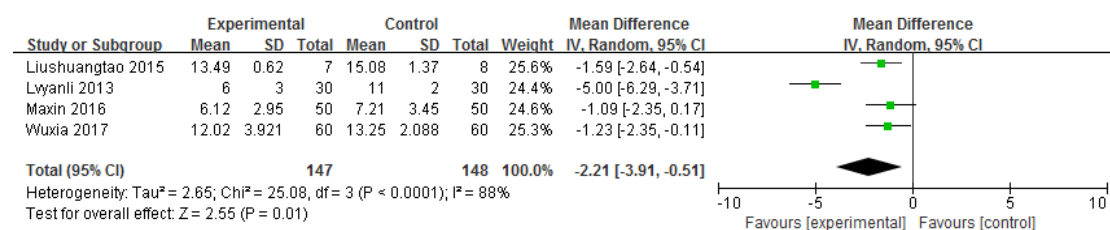


Figure S2 : Timed Up and Go (TUGT)

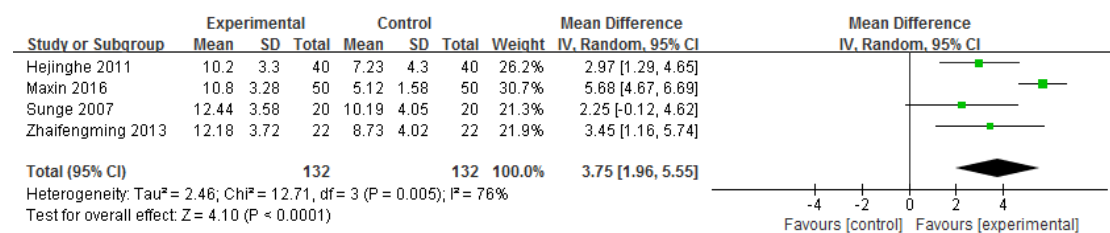


Figure S3: One Leg Stand Test (OLST)

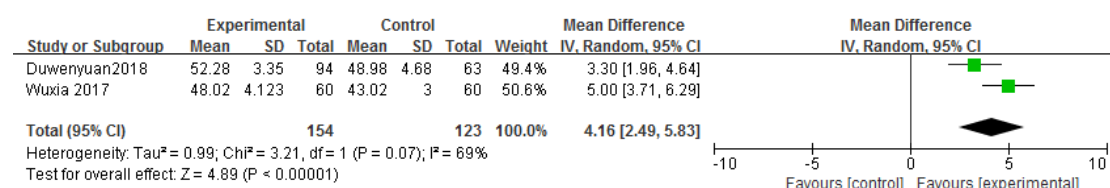


Figure S4: Berg Balance Scale (BBS)

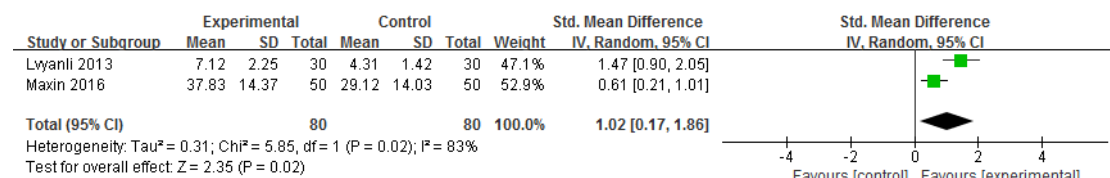


Figure S5: Strengthening Romberg's Test (SR)

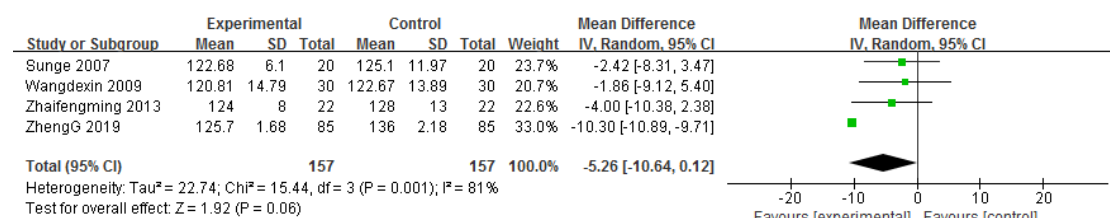


Figure S6: Systolic Blood Pressure (SBP)

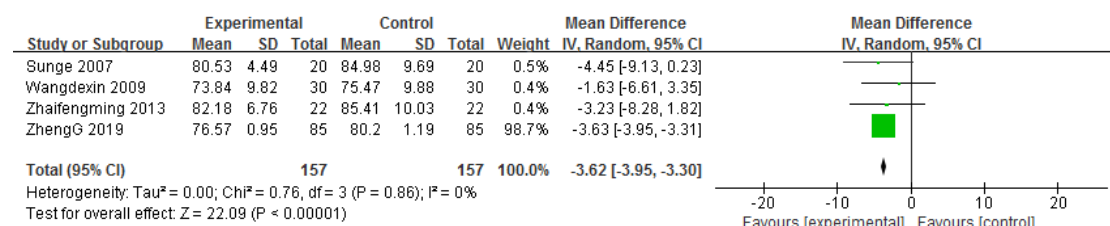


Figure S7: Diastolic Blood Pressure (DBP)

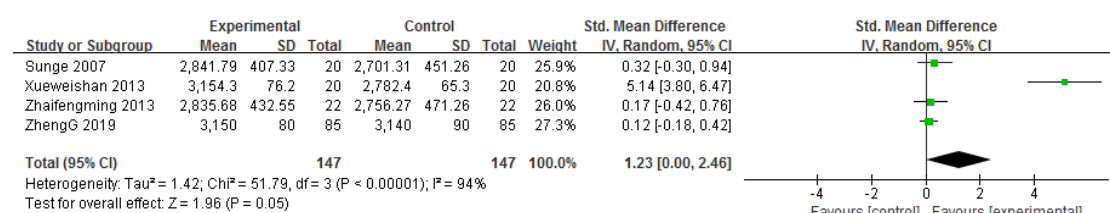


Figure S8: Vital Capacity (VC)

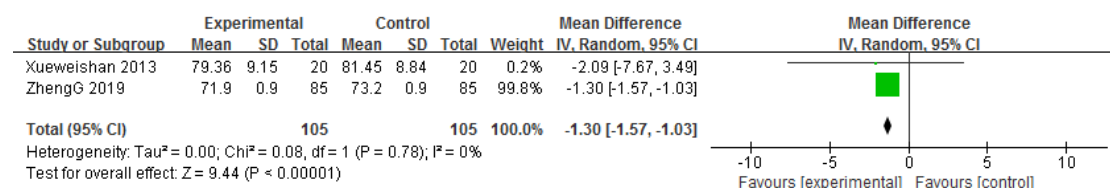


Figure S9: resting Heart rate (HR)

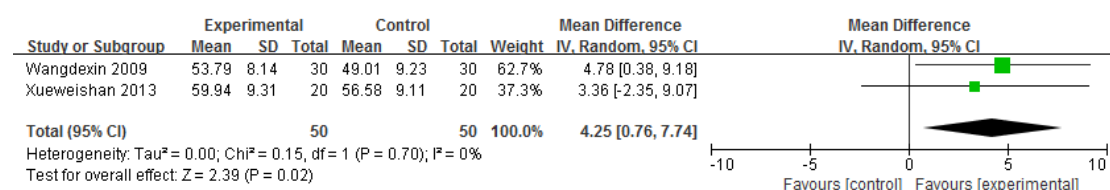


Figure S10: Step test

Forest plot for Sensitivity Analysis

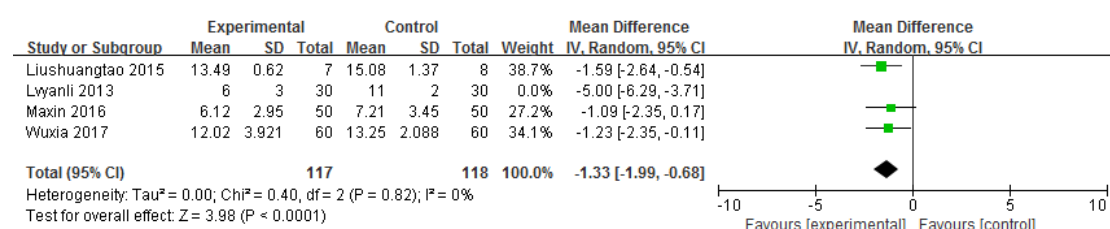


Figure S11: Timed Up and Go (TUGT)

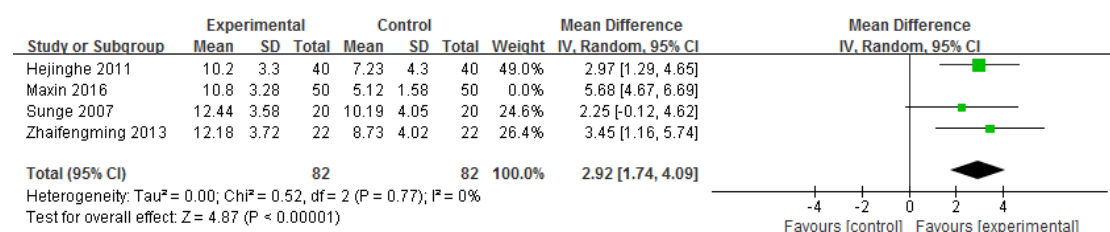


Figure S12: One Leg Stand Test (OLST)

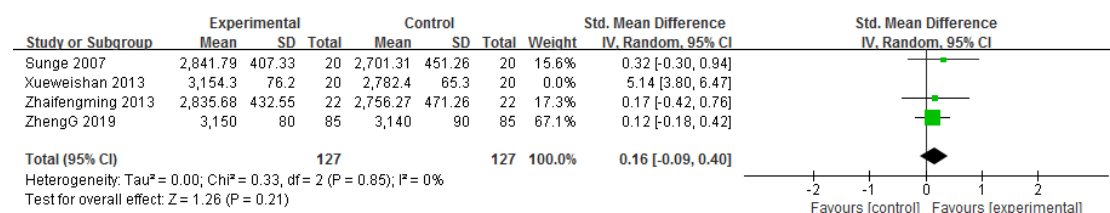


Figure S13: Vital Capacity (VC)